WPS Lunch Menu Michaelmas Term Week 2 – 14.09.26, 12.10.26, 09.11.26, 07.12.26

	Monday	Tuesday	Wednesday	Thursday	Friday
OPTION 1	Sticky Lime & ginger chicken strips	Beef chilli	Pork Meatballs with tomato & basil sauce	Roast Chicken	Beef burger & Tomato relish
Allergens	S	SD	SD	free	G
OPTION 2	Sticky lime & ginger vegetable pieces	Vegetable chilli	Salmon Fillet with a creamy herb sauce	Traditional Vegetable Pasty	Plant based Burger & Tomato relish
Allergens	S	SD	F,M	G,C	S,G
OPTION 3	Pasta with red pepper & sundried tomato pesto	Jacket potato with baked beans, tuna mayonnaise or cheese	Plant based Meatballs with tomato & basil sauce	Jacket potato with baked beans, tuna mayonnaise or cheese	Pasta with green pesto
Allergens	G,M	E,M,F	G,SD	E,M,F	G,S,M
ACCOMPANIMENTS	Noodles and mixed vegetables	Red Rice sweetcorn	Rigatoni pasta Baby carrots	Roasted new potatoes Gravy Broccoli florets	Skinny fries Cheese slices, Baked beans peas
Allergens	S,G	free	G	free	M
DESSERT	Orange Drizzle Flapjack	Fruit pot	Rice pudding with honey	Jam 'thumbprint' oat cookie	Selection of Puddings
Allergens	G,M	free	M	G,M,E	TBC

Most days we also offer a baguette selection, jacket potato, , fresh fruit, yoghurt and vegetarian jelly.
Despite all reasonable care, we cannot guarantee that ingredients and pre-prepared food have been produced in a completely nut and/or allergen free environment. Should you have any questions concerning the above, please speak to our team about the ingredients in your meal.

Allergens: C = Celery, G = Cereals with gluten, CR = Crustaceans, E = Eggs, F = Fish, L = Lupin, M = Milk, Mo = Molluscs, MT = Mustard, N = All Nuts, P = Peanuts, SS = Sesame Seeds, S = Soya, SD = Sulphur Dioxide, GF = Gluten Free, DF = Dairy Free, GFA = Gluten Free Available, DFA = Dairy Free Available, VEA = Vegan Option Available